# Colusa County Partners for Health Meeting Minutes

# March 15th, 2018 CCOE Conference Room Colusa, CA

Members in Attendance: SK- Tobacco Ed; AP- Tobacco Ed; EA – MCAH & SNAP-Ed; AO – Oral Health; RM – WIC at Ampla Health; KP – One Stop; EG – Williams Unified School District; IR – Colusa County Children's Services; ME- CHC Dietetics; ID – Williams Unified School District; SM – UC Co-Op Nutrition Ed; SR – UC Co-Op Extension Nutrition Education; CS – CCOE UC Co-Op Nutrition Ed; PB- Williams Unified School District; VS – Behavioral Health; DG- Colusa County Office of Education; GH – First 5 & Family Action Centers; KO – Arbuckle Family Action Center; JD – Colusa & Stonyford Farmers Markets

#### 1. Welcome & Subcommittee Selection

# 2. Quarterly Calendar Update

a. SK Offered to create a combined quarterly calendar for members; more details to come

# 3. Approval of Name and Vision & Vision and Logo Progress Update

- a. The branding team met and developed the following:
  - i. Name: Colusa County Partners for Health; won by over 50% through the coalition poll
  - ii. Colusa County Partners for Health acts as a sustainable partnership that serves as a united voice to support the health and wellbeing of our community.
  - iii. Vision: Aiming to create an environment for a healthful Colusa County.
  - iv. Logo in progress hope to have a draft by next meeting!

#### 4. Recruitment Plan

a. The annual recruitment plan was discussed and created. AP will follow up with individuals that offered to connect non-members with the group.

#### 5. Partner Sharing

- **a. SK** Youth Summit conducted on February 24<sup>th</sup> overall a success with minor setbacks in attendance. Colusa County will be hosting next year's summit.
- **b. AP** Tobacco Ed Program Updates, including Key Informant Interview's (KIIs), CSTS survey, & media campaign.
- c. AO Oral Health Program Updates; Looking for challenges in the community and what the mission will be for the new oral health program. Part of the Scope of Work is required to conduct KII's with community members
  - i. Opportunity for Collaboration

- 1. If you work with oral health in capacity, please consider being interviewed
- 2. Strategy Session Coming soon for oral health program
- 3. KO from Family Action Center's expressed interest in oral health education for children and parents
- d. **EA** 4<sup>th</sup> Community Baby Shower on May 19<sup>th</sup> from 11-1; Will distribute flyer to the group to share with any new moms (up to 1 year ago);

### i. Opportunity for Collaboration/Training

- 1. Tri-County Breast Feeding Alliance Breast Feeding Conference
  - Dr. Hale from Texas will be talking about substance abuse during pregnancy and breastfeeding.
  - April 26<sup>th</sup> and April 27<sup>th</sup>
- Conducting Sudden Infant Death Syndrom (SIDS) outreach & education
- 3. SNAP-ED Eat Right when Money is Tight classes Finished in Arbuckle, finishing up in Colusa this month, and finishing Williams in May.
- e. **RM** Ampla Health now has a National Certified Lactation Specialist in the office; Clients can call weekdays from 8 a.m. 6:30 p.m. with breast feeding questions
- f. **EG** Will begin meeting 2x a week with a team to assess the emotional component of education; Searching for a therapist for Williams Elementary School; Williams PTO is beginning to plan for end-of-year carnival, will be inviting agencies to give information for parents while children participate in fair
- g. IR Program provided dental care to 2 children; attending Head Start Conferences; Family Fair on April 21<sup>st</sup> 10:00 a.m. 2:00 p.m. at Egling Middle School (all agencies invited); Preparing for Health Advisory Meeting Tentatively scheduled for April
- h. JR Migrant Camp Recruitment for early May (camp is opening April 22<sup>nd</sup>)

#### i. Opportunity for Training

- 1. 2 Trauma Training Presentations next month in Education Village in Williams
  - Will cover adverse childhood experiences, self regulation, science of the brain
  - 12:30-3:30 on April 17<sup>th</sup> and April 26<sup>th</sup>
- i. **ID** Williams Elementary & Upper have hired a therapist works as a team with staff to provide support to students
- SM Conducting nutrition education in schools; Looking to hire in Colusa County;
- k. SR Offering classes for nutrition in Colusa starting a new ESL program at the end of April (location of class on Fremont Street)
- CS Conducts academic oversight for Expanded Food & Nutrition Programs (covers all of Colusa County)
  - i. Opportunity for Collaboration

- 1. Can provide classes all over Colusa County in both English and Spanish (no restricted sites)
- Hoping to start a special needs pilot program in the fall implementing with Yuba City Unified and trying to find contact in Colusa County
- m. **PB** Can use Williams site to bring information to parents; available on-site for parents to access
- n. **VS** Safe haven hosting 2<sup>nd</sup> Annual Car Show on May 12<sup>th</sup> at Memorial Park from 10-2 (no fee associated)
- o. DG Oversees enrollment of children 0-12; Currently recruiting family day care providers to provide care in their home, implementing new meal patterns for the daycares, recruiting for the whole county for providers in their own home; Starting to select enrollment for the upcoming school year for 6 weeks 5 years (until they attend school), income guidelines just updated to allow for more eligibility; Money coming to county for child care vouchers for foster parents that need to work; Resource & referral program Child Care Navigators (walks the foster parents through the process of finding childcare after 6-12 months that the county will pay); Also offering ongoing trauma informed care trainings for foster parents and any others that are caring for children (i.e., childcare staff, daycare, etc.)
- p. GH Sent 4 people in the county to get Strengthening Families Certified will be launching "Parent Cafes" in Arbuckle (target audience 0-5 but tries to accommodate for everyone); Trauma-Informed training by Strategies 2.0 (will be hosting 2-3 a year); Expanding the Raising a Reader program (offered through libraries), will be doing evening sessions that work for parents); Conducting Community Needs Assessment to streamline community forums, surveys, data collection, etc

## i. Opportunity for Collaboration

- If you know parents or staff that want to get trained for Family Hughey (parent-support group that is led by parents), contact Family Resource Center
- q. KO Arbuckle Family Action Centers starting Playgroups (3 different groups: infant group (6 weeks-2 years), toddler group (2 & 3), pre-k group (4 & 5)); Arbuckle Family Action Center USDA food distribution; 2x a month has a "Children's Farmers Market"
- r. JD Colusa Farmers Market Officially able to accept vegetable checks from WIC; Applying for a market-match program to work with EBT and match dollar to dollar; needs help spreading the word about EBT & WIC availability at farmers markets; Working with Chamber to help with Color Run; Lunch Mob is a good way to network in the community at Market Street Grill; Farmers Market opens June-September (first Thursday of June); Every Thursday 3-7 p.m. at Memorial Park in Colusa