

Colusa County Partners for Health

Colusa Industrial Properties

Colusa, CA

January 18, 2024

2:30pm-4:00pm

Partners Attended: DC- Colusa County Emergency Preparedness, AS- TCCAP, AA- Colusa County DHHS, BA- CCOE, BH- Williams Action Center, CS- Colusa County Public Health, CM- Pneumacare, DC- Colusa County Tobacco Education Program, HJ- Colusa County Public Health, JM- Center for Healthy Communities, JN- Colusa County Public Health, KW- Colusa County Public Health, JS- Colusa County Behavioral Health, KD- CCOE, KO- Arbuckle Family Action Center, LW- TCCAP, MC- Colusa County Public Health, MA- Colusa 1 Stop, NC- Colusa Medical Center, MP- Colusa County Behavioral Health, PB- Colusa County Tobacco Education Program, PJM- Ministerial Association of Colusa County, RP- Colusa County Tobacco Education Program, RM- Colusa County Oral Health, SR- Colusa County MCAH, VJ- Pneumacare.

- **2:30 pm - 2:42 pm (Introductions & Ice Breaker)**

- a. Members from the coalition introduced themselves and did an ice breaker which was "what is one interesting fact about yourself."

- **2:42 pm - 2:55 pm (CCPH Membership Expectations)**

- a. Mariza Manson (CCEC) asked the group what the best way to recruit new members would be:
 - i. Some more ways to recruit more members would be to offer some sort of raffle during the meetings.
 - ii. Another way to do more advertising would be to put it on Facebook and to make sure that everyone in the coalition knows his or her role.
 - iii. Make it clear what the coalition is asking of each of their members.

- **2:55 pm - 3:25 pm (One Stop Presentation)**

- a. M.A (One stop) spoke about all of the new, current and future opportunities regarding employment services that our local One Stop provides. Colusa One Stop assists: job seekers who had recently been laid off or are looking for a new career or training, businesses who are needing a well-prepared self-sufficient workforce, youth who are seeking work experience, and people with disabilities.
 - i. One Stop only provides vocational trainings, AA or BA degrees are not assisted with.
 - ii. Disability and family leave applications are kept at the office if anyone needs assistance applying. An EDD representative is present at the office every Wednesday if someone who already has an existing unemployment claim has any concerns that they need addressed. Zoom assistance is also available for those who need help with their existing unemployment claim immediately.
 - iii. HEAP and REACH applications are available at the office for those who have a 24-48hr PG&E shut off notice, these applications are processed through Glenn County, not our county of Colusa. The Colusa One Stop office only accepts the applications for these assistance programs and Glenn County processes them.

- iv. The Colusa County Office of Education is starting an ESL class at the Colusa One Stop office. The starting dates are still not finalized but they are looking into starting by sometime in February 2024. The Colusa One Stop Facebook page will be updated with any changes.
- **3:25 pm – 3:42 pm (Center for Healthy Communities Presentation)**
 - a. J.M (Center for Healthy Communities) spoke about the beneficial services that the statewide non-profit organization that she is representing provides for our county of Colusa.
 - i. This organization is broken down into five different priority areas:
 1. **Basic needs and student success:** focuses on Cal-fresh outreach within the entire college system throughout the state (Community, Cal-state and UC's.)
 2. **Community health:** Cal-fresh healthy living project that focuses on nutrition education and physical activity promotion. This is a service that is offered in Colusa County.
 3. **Nutrition and consulting services:** 8 Registered Dietitians are kept on staff at their center who do county senior nutrition menu reviews. Center for Healthy Communities works with the Colusa County Public Health to provide a Registered Dietitian to approve their menus for their Senior Nutrition program.
 - ii. Specifically to Colusa County, the Center for Healthy Communities focuses their Cal-fresh healthy living project on the preschool age children and their families. In collaboration with the Colusa County Office of Education, garden work is being established for the children in every classroom and incorporated in their daily schedule.
 - iii. Colusa Children Center was recognized with an award through the Nutrition Policy Institute and the Department of Public Health for all of the work they have done through Leaders in Eating and Activities Practices (LEAP).
 - iv. In February 2024, Center for Healthy Communities will be presenting at the Farm to School ECE program through the California Department of Food and Ag for their Community and Practice Session to present the work they have been doing in all of the school gardens in Colusa County.
 - v. Harvest of the month is a service through their Cal-fresh healthy living program that sends out a local fresh fruit or vegetable every month to all CCOE sites within Colusa County. About 2,000 tastings are being sent out per month just in Colusa County.
 - vi. N. (Center for Healthy Communities) spoke about the department of ageing work she has been doing in Colusa County. At Eskaton Frank Jaconetti, Center for Healthy Communities has grown an edible spring and winter garden, provides direct nutrition education and physical activity, and monthly commodity boxes in collaboration with Contra Costa.
- **3:42 pm – 3:52 pm (In-Home Visiting)**
 - a. H.J (In-Home Visiting) spoke about the new Colusa In-Home visiting program that will start February 2024. The Colusa In-Home visiting program promotes positive parenting

and child development by giving parents the tools and knowledge necessary to improve their parenting skills and the relationships with their children.

- i. Program goals
 1. Increase parent knowledge of early childhood development and improve positive parenting practices.
 2. Provide early detection of developmental delays and connection to services.
 3. Improve parent, child and family health and well-being.
 4. Prevent child abuse and neglect.
 5. Increase children's school readiness and success.
 6. Improve family economic well-being
 7. Strengthen community capacity and connectivity.
- ii. Three evidenced based home visiting models are used:
 1. NFP (Nurse Family Partnership)
 2. HFA (Healthy Families America)
 3. PAT (Parents As Teachers)
- iii. NFP (Nurse Family Partnership) is designed for first-time mothers and must be started before the 28th week of pregnancy.
- iv. HFA (Healthy Families America) is designed for families who are pregnant or within 3 months of giving birth.
- v. PAT (Parents as Teachers) is designed to increasing parent knowledge of early childhood development, improving parenting practices, providing early detections of developmental delays and health issues, prevention of child abuse and neglect, and increase school readiness and success.
- vi. Number of visits is based on family stressors. At least 12 per year or at least 24 visits per year if family stressors are high.
- vii. At least 2 years of services per family. 3 plus years are recommended.
- viii. Families must reside within Colusa County and have children ages 0-5 years old.
- ix. No current waitlist.
- x. Services include: personal visits from a certified parent educator, group connections, child screening, health reviews, resource networks, and family-centered assessments.

• **3:52 pm – 4:00 pm (Focus Group/Group Discussion)**

- a. **Tobacco-** Cenza Mer talked about starting her new position with office of education (tobacco program). Cenza talked about how she is excited for her new role and she is currently doing presentations to middle school aged kids. She wants to attend one of Colusa Counties tobacco education programs youth coalition meetings to see how they are.
- b. **Community Strengthening-** Betty Huson gave out fliers for the new location of the family action center, including food distribution events occurring there. Stephanie Rosas discussed the home visiting program and the approval to start. Lauren Wong discussed the CHA meetings and Mobilizing for Action through Planning and Partnerships (MAPP).
 - i. She discussed that there are main components:
 - a. Identification of organizations to be involved

- b. Brainstorm what Colusa County health looks like for our community
 - c. Identify health condition data
 - d. Identify needs vs. strengths
 - c. **Oral Health-** Ruby Medina and Irma Roque talked about the safety and benefits of community water fluoridation and its role in preventing mental disease.
 - d. **Nutrition-** Jen from Center for Healthy Communities discussed about her program and upcoming projects they are working on. CCOE discussed about their upcoming activities such as teaching gardening for kids.
- **4:00pm (Questions/Concerns)**
 - a. **Next CCPH meeting scheduled for March 2024.**