

**Colusa County Partners for Health
Colusa Industrial Properties
Colusa, CA
March 11th, 2024
10:00am-12:30pm**

Partners Attended: DC- Colusa County Emergency Preparedness, AS- TCCAP, AA- Colusa County DHHS, CS- Colusa County Public Health, KO- Arbuckle Family Action Center, LW- TCCAP, MA- Colusa 1 Stop, MM- Colusa County Tobacco Education Program, RP- Colusa County Tobacco Education Program, RM- Colusa County Oral Health, SR- Colusa County MCAH, AO- Colusa County Public Health, CR- Colusa County Public Health, GH-First 5 & Family Action Centers of Colusa County, IR-CCOE, LM- Colusa County Public Health, NM- First 5, SO- American Lung Association, TM- Colusa County Public Health, EM- CA Health Collaborative, SW- Colusa County DHHS, JN- Colusa County Public Health, SB- Colusa County Public Health, KS- Colusa County Probation

- **10:00am – 10:10am (Introductions)**
 - a. Mariza Manson (CCEC) introduced herself to the coalition and gave a run through of what was planned on today's meeting agenda.
- **10:10am-10:15am (CCPH Membership Expectations)**
 - a. Mariza Manson (CCEC) informed the coalition on where the CCPH Membership Expectations and Bylaws can be found in the room in case they wanted to be reviewed by members.
- **10:15am -10:35am (Community Health Improvement Plan)**
 - a. Lauren Wong (TCCAP) gave a recap to our coalition members about the improvement planning process she and her team have been working on.
 - i. The Community Health Improvement Plan focuses on mobilizing through action planning and partnership. Lauren and her team are currently working on the improvement planning process which starts at formulating goals and strategies.
 - ii. Agreements for successful collaboration were created as a group and resulted in having a clear champion leader, a clear plan, delegating and empowering participants, having a clear vision and being goal-oriented, having common access to documents, and lastly, having clear communication and an interconnected team.
 - iii. Their vision is to create a happier, safer and more inclusive community where everyone can thrive and live fulfilling lives.
 - iv. Workgroups that were identified through voting where access to behavioral health services, accessible medical healthcare resources and awareness of existing resources and services.
 - v. Each workgroup was presented with a survey requesting feedback on who should be involved in that specific workgroup and who already participates in it.
 - vi. The schedule with the next 18 meetings that will take place regarding these workgroups was presented to the coalition.
 - 1. Brainstorming goals and strategies

2. Test each goal and strategy
 3. Review all goals and strategies
 4. Logic model
 5. Structure and support
 6. Small core group
 7. Closing celebration
- vii. Most meetings that are scheduled will be held at the DHHS conference room. Food and drinks will be provided.

- **10:35am-11:20am (Frantic-California Health Collaborative)**

- a. Elizabeth Meza (CACH) spoke about the Firefighter Research about Nicotine and Tobacco in California. It's a pilot project funded by the Tobacco Related Disease Research Program by the University of California. It's a collaborative project between California Health Collaborative and Pire California.
 - i. California Health Collaborative is the community partner in the Frantic project. It is a non-profit California organization founded in 1982 with more than 75 state-wide programs that have led to changes in policies, systems and environments.
 - ii. Pire is the research partner in the Frantic project. It is a community based organization who focuses on merging scientific knowledge and research based practices to create significant change in communities all around the world. The Frantic project is specifically for California.
 - iii. The overall mission of the Frantic project is to stop the initiation of smokeless tobacco and nicotine pouches among California rural firefighters. This will be done by spreading awareness and education about oral nicotine pouches and overall tobacco products to service professionals and students who are within the fire service.
 - iv. This is a community based participatory research project. Therefore community partners are needed to help design and implement project activities.
 - v. The progress of this project is viewed through planned milestones.
 - vi. Scott Jenni spoke about how Occupational Cancer is commonly seen with firefighters, especially the ones who use tobacco and nicotine. Research shows that women firefighters have been developing cancer more commonly than men firefighters.
 - vii. This project has been created to hopefully persuade firefighters into taking precaution to limit their exposure.
 1. No tobacco use
 2. Limit alcohol
 3. Have a healthy diet
 4. Exercise
 5. Use sunscreen

- **11:20am -11:40am (Break)**

- **11:40am -12:15pm (Focus Group/Group Discussion)**

- a. **Tobacco-** the Tobacco subcommittee group was updated on new information provided by the California Health Collaborative, American Lung Association and the Colusa County Tobacco Education Program. California Health Collaborative representative, Elizabeth Meza, spoke about their international presentation in Scotland, Ireland that will inform their audience about their Frantic project that is in collaboration with Pire California. The American Lung Association representative, Sophia Oyewole, spoke about how her program is wrapping up their project that ends in 2025. She informed the subcommittee group that her project has been re-funded and will continue their work with nearby communities such as Marysville and Glenn County. Sophia also informed the group about potential tableing events in Chico, CA that other tobacco programs can participate in this year. The Colusa County Tobacco Education program representative, Rafael Perez, informed the subcommittee group about their Multi-Unit Housing surveys that are approaching soon, and their tableing event for World No Tobacco Day.
- b. **Oral Health-** the Colusa County Oral Health program representative, Ruby Medina, spoke about the activities that her program is currently working on with the subcommittee group. She also explained the layout of the Oral Health program and how budgeting is tracked within the program.
- c. **Community Strengthening-** the Community Strengthening subcommittee group was updated on new information by MCAH, First 5 and CHVP. Make Parenting a Pleasure (MPAP) Parenting Classes will be offered at the Family Action Centers. This program promotes family resilience by bringing parents together to share and normalize parenting experiences, the last class was offered on February 21st, 2024. Bumps and Beyond Coffee Talks is a parent support group that meets monthly in Arbuckle, every 3rd Friday of the month and in Williams, every 4th Friday of the month. A support group is currently in the works for the town of Colusa. First 5 shared that they are collaborating with the City of Colusa to provide pop up playgroups, the exact date is TBD. First 5 and Colusa MCAH Program are collaborating to host a car seat check event in May 2024, the exact date is TBD.
- d. **Nutrition-**

- **12:15pm – 12:30pm (Questions/Concerns)**

- a. **Next CPH meeting scheduled for May 2024**