



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

May 14th, 2024

At Colusa County Department of Behavioral Health

Room 102

162 E. Carson St., Colusa, CA 95932

and via Zoom

1. Meeting was called to order at 3:09pm
2. Establish Quorum
 - a. Board Members in attendance: Walter Osbourn, Rob Wilson
 - b. Board Members not in attendance: Alfred Sellers Jr.
 - c. ***Quorum not established***
3. Meeting Participants:
 - a. Behavioral Health staff in attendance: Ivan Martinez, Mayra Puga, Bessie Rojas, Jeannie Armstrong, Heather Bullis-Cruz, Tony Hobson
 - b. Others in attendance: Jesse Marquez, Safe Haven member
4. Public Comment:
 - a. None.
5. Old Business:
 - a. None.
6. New Business:
 - a. None.
7. Action Items:
 - a. April minutes to be approved.
 - i. Cannot approve minutes as there is no quorum.
 - b. Review the draft plan of the MHSA Annual Update FY24-25 and request for approval.



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- i. Ms. Puga discussed the plan, the comments received during the 30 Day Review (4/12/2024-5/12/2024), and the actions the department took to address the comments/suggestions/requests.
- ii. PATH program data sets were small in number so wording was revised to protect the anonymity of PATH participants.
- iii. 2nd Step requested an increase to their budget by 15%, which in turn altered the budget in the plan.
- iv. No new programs were added and no programs were deleted in this annual update.
- v. Behavioral Health Advisory Board cannot approve the MHSA Annual Update FY24-25 as there is no quorum.

8. MHSA Update:

- a. Ms. Puga reported that green ribbons were tied around trees in downtown Colusa along 10th Street and Market Street to bring awareness about mental health during the month of May. Ms. Puga and Mrs. Armstrong presented on mental health awareness to the County Board of Supervisors on 5/7/2024 and the BOS proclaimed May as Mental Health Matters Month.
- b. Safe Haven Report: Ms. Puga stated Safe Haven held their Mental Health Matters event on 5/10/2024 where one member shared their recovery journey with other members and staff. The event included brunch and a sand art activity that focused on being mindful and encouraging members to actively engage in self-care. Safe Haven was able to attend a RiverCats baseball game on 5/1/2024 where they spent the day socializing on a fieldtrip outside of the county.
- c. Bright Vista Report: Ms. Puga stated Bright Vista will be hosting their Mental Health Matters event, Paint and Parfait, on 5/22/2024. Youth paintings will showcase their feelings and thoughts about mental health.

9. Director's Report:

- a. Dr. Hobson reported that Mobile Crisis will be available for Colusa County Medi-Cal Beneficiaries on 7/1/2024. The department has established key contracts for a 24/7 access and crisis line with Nevada County. A Mobile Crisis Dispatch Screening Tool must be completed before our crisis team dispatches within the community. This new contract includes the completion of the dispatch screening tool, brief intervention to de-escalate, and triage. This contract with Nevada County



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is scheduled on our BOS agenda for 6/18/2024. The services that are covered/provided with the Nevada County contract will replace some services that are currently within our contract with Sierra Mental Wellness. Thus, the contract with Sierra Mental Wellness was decreased by \$72,000. Sierra Mental Wellness will still provide a crisis response to our local emergency department and our county jail, and now with mobile crisis they will have a separate team that will dispatch to crises in the community after-hours. Colusa County Behavioral Health submitted their Mobile Crisis Implementation Plan by the 4/30/2024 deadline to the State, but no feedback has been received as of yet.

- b. Dr. Hobson completed Colusa County's Readiness Assessment for Jail In-Reach services. He was able to attend the National Commission on Correctional Health Care Conference which reviewed current standards and how healthcare can best be delivered. Dr. Hobson stated, "We do not want a drop in services or a lengthy time wait from Jail to Mental Health or Substance Use Disorder services". Jail In-Reach services "go-live" date is October 2024 and the department is hoping to have a soft start in July 2024.
- c. "The go-live for Care Act is November 2024", reported Dr. Hobson. This is a multi-agency collaborative to work with community members who have symptoms of psychosis that negatively impact their daily functioning. Agencies such as law enforcement, the Court, Health and Human Services, and Behavioral Health, as well as family members, can petition to ask for support with the individual via Care Court. Mr. Osbourn said, "I like the way Care Court reads". Currently, both judges are retiring so hopefully Colusa County has new judges in place to support the process and begin collaboration soon.

10. Program Integrity:

- a. Mrs. Bullis-Cruz shared her report that highlighted intake data and included percentage of Hispanic clients that completed an intake, average length of wait days from request of service to offered intake, and the amount of urgent appointments.

11. Quality Assurance:

- a. Mrs. Rojas presented her data that focused on types of services rendered. She mentioned that there was an increase in services across the board. The department conducted a satisfaction survey for a week in April, but



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only 17 clients choose to respond. Though the amount of participants was low, the results were favorable. Next week, the department will provide an additional consumer satisfaction survey that was developed by UCLA and is to then be sent back for analysis of results. Discussion was also had regarding the department's subcontractor monitoring of SUD residential facilities and sober living environments.

12. PRA Report:

- a. Mrs. Houston was not present. However, Mrs. Bullis-Cruz reported that we have one active grievance regarding prescription of psychotropic medication. Mrs. Bullis-Cruz stated that Mrs. Houston is utilizing our new Grievance and Appeal Tracking Log and is pleased with its efficiency and ease of use.
- b. Mrs. Houston stated she traveled to Colusa twice for a 5150 hearing. There was another hearing scheduled but it was resolved before the meeting occurred.

13. Chairperson's Report:

- a. No report.

14. Board of Supervisor Report:

- a. Supervisor Corona was not present.

15. Adjournment – This meeting was adjourned at 3:41pm.

Next meeting scheduled for: June 11th, 2024

Minutes completed by: Jeannie Armstrong