

COUNTY OF COLUSA
HEALTH AND HUMAN SERVICES

251 E. Webster St.
Colusa, CA 95932
(530) 458-0380

Elizabeth Kelly
Director



COUNTY OF COLUSA
BEHAVIORAL HEALTH

162 E. Carson St.
Colusa, CA 95932
(530) 458-0520

Tony Hobson, Ph.D.
Director

FOR IMMEDIATE RELEASE

For More Information:

ELIZABETH KELLY
DIRECTOR OF HEALTH & HUMAN SERVICES
Colusa County
(530) 458-0380

Colusa County Hosting Free Flu Shot Community Clinics

(COLUSA, CA) September 16, 2024 – Earlier today, Colusa County Public Health announced hosting a series of free Flu Shot Community Clinics spread across the county throughout the month of October. The first Community Clinic is scheduled for Thursday, October 3rd from 2pm – 6pm at the Maxwell Library. Colusa County residents are encouraged to utilize the upcoming clinics as an opportunity to get free flu shots to help prepare for the upcoming flu season.

Colusa County Public Health will be providing free flu shots to all individuals ages 12 years and older (children under the age of 18 must be accompanied by a parent or legal guardian). Residents are encouraged to wear clothing that quickly bares the upper arm and urges anyone feeling ill to avoid attending the Community Clinics.

“The winter season is fast approaching, and it’s important to ensure that you and your family are prepared for the upcoming flu season,” said Elizabeth Kelly, Director of Health & Human Services. *“We encourage residents to participate in this free event to better protect themselves and their families from the flu.”*

Flu Shot Benefits

- Flu shots can keep you from getting sick from flu. Protecting yourself from flu also protects the people around you who are more vulnerable to serious flu illness.
- Flu shots can help protect people who are at greater risk of getting seriously ill from flu, like older adults, people with chronic health conditions and young children (especially infants younger than 6 months old who are too young to get vaccinated).
- Flu shots also may make your illness milder if you do get sick.
- Flu shots can reduce the risk of more serious flu outcomes, like hospitalizations and deaths.

2024 Free Flu Clinics

Community Clinic	Location	Date	Time
Maxwell	Maxwell Library 34 Oak Street	10/3/2024	2 - 6 p.m.
Stonyford	Stonyford Library 5080 Lodoga Stonyford Road	10/4/2024	10 a.m. - 2 p.m.
Grimes	Grimes Library 240 Main Street	10/8/2024	2 - 6 p.m.
Williams	Williams Flea Market 550 Eighth St	10/11/2024	12 - 4 p.m.
Arbuckle	Lavanche Hursh Park 308 5th Street	10/18/2024	12 - 4 p.m.
Princeton	Princeton High School 473 State Street	10/22/2024	2:45 - 4 p.m.
Colusa	Veterans Hall 108 E. Main Street	10/30/2024	12 - 4 p.m.

Details on the 2024 Free Flu Clinics can be accessed [here](#).

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